

Read about adoption!

BAAF
ADOPTION
& FOSTERING

Just starting to think about adoption for the first time? Going through the adoption process and want to know what's coming next? Living together with your adopted child and want to learn more about coping with thoughts and feelings? Whatever your situation, BAAF has the biggest and best range of books, guides and other resources to provide you with all the information, insight, advice and support you need.

Before you read anything else – read these first!



Adopting a Child

A guide for people interested in adoption

BAAF's best-selling beginner's guide describes clearly what adoption means, the sorts of children waiting to be adopted and how to go about it, illustrated with photographs and short case studies. Includes useful addresses and a list of adoption agencies around the UK.

£8.95 162pp 2011 (9th edition)
ISBN 978 1 907585 12 8

'This is the definitive book for UK adopters...It's up to date and realistic. Read this book before any others.'

★★★★★

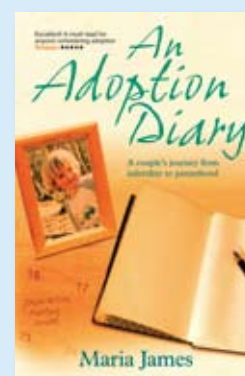
Ms L Chetwynd, amazon.co.uk



Adoption: Some Questions Answered

This Advice Note describes the adoption process and includes information on the difference between adoption and fostering, finding a child to adopt, adopting children from abroad, matching children to adoptive parents, legalising the adoption, the rights of birth parents, maintaining contact, telling children, and more.

£1.00 24pp 2010



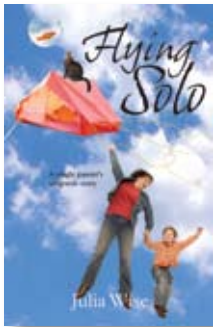
An Adoption Diary

This is a true story of an adoption, following Maria's and Rob's journey to adopting a two-year-old child. Spanning almost four years, this enthralling diary chronicles the highs and lows along the way, until the approved adopters become parents for the very first time. An immensely readable account of what it's like!

£8.95 148pp 2006
ISBN 1 903699 21 5

What does it feel like to adopt?

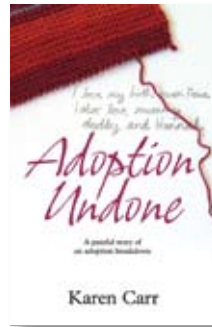
Read these real life stories written by adopters and carers who have experienced the highs and lows of adoption at first hand. In their own words they reveal the hard times and happy times, the waiting and hoping, the setbacks and disappointments, and the absolute joy of adopting a child!



Flying Solo

Inspiring and accessible, this book describes the realities of life on your own with an adopted child. The author tells her own very personal story, but it is one that will resonate loudly with single adopters everywhere. In this heart-warming account she lays bare her mistakes and misconceptions and shares practical advice and top tips.

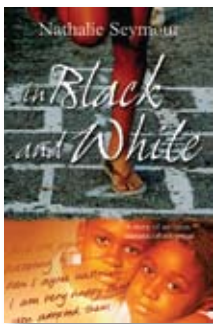
£7.95 126pp 2007
ISBN 978 1 905664 00 9



Adoption Undone

The true story of an adoption and an adoption breakdown, bravely told by the adoptive mother. The author looks back over the four years that her daughter Lucy was with her and, without apportioning blame, describes what went wrong and why.

£7.95 132pp 2007
ISBN 978 1 905664 24 5



In Black and White

This honest account follows a white couple living in 1970s Britain who adopted two black children. The story describes how the two children settle in and follows them as they get to know their birth father's family and, in time, make the dramatic decision to leave their adoptive home.

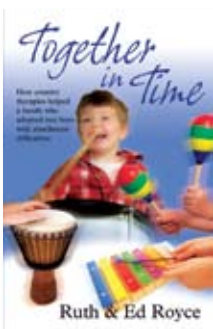
£7.95 154pp 2007
ISBN 978 1 905664 10 8



Take Two

This candid account reveals the author's personal heartache at the realisation that she cannot have a child of her own. It examines the emotional and physical demands of IVF; how and why the decision to adopt is made; and why it is the right choice for this family in waiting. This honest memoir also focuses on the unusual adoption of not one, but two, baby girls.

£7.95 146pp 2008
ISBN 978 1 905664 48 1



Together in Time

From a dual perspective, each with their own anxieties, expectations and vulnerabilities, Ruth and Ed Royce look back on their decision to adopt a boy with attachment difficulties, the fear that their family was falling apart, their experience of music and art therapy, and then on to their decision to adopt for a second time.

£7.95 148pp 2008
ISBN 978 1 905664 39 9

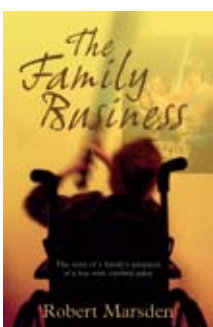


I Wish I Had Been Born From You

Poems and reflections on adoption

Written by a mother, with contributions from her adopted daughter, this honest and heartfelt collection charts a moving and emotional adoption journey of getting to know one another and becoming a family. It will resonate with all those undertaking similar journeys.

£7.95 80pp 2009
ISBN 978 1 905664 83 2



The Family Business

A revealing story of the adoption of William, a little boy with cerebral palsy, by a middle-aged couple with three birth children. Narrated by the adoptive father this is an honest account of adopting a child with a disability, the impact of adoption on the whole family and the challenges of day-to-day family life.

£7.95 142pp 2008
ISBN 978 1 905664 32 0



Dale's Tale

This is the story of a foster carer called Helen and what happened when Dale joined her family as a foster child. When his short-term placement becomes longer than expected the family, inevitably, grow attached to Dale and he to them. Helen soon finds herself in a battle to adopt the little boy she has grown to love.

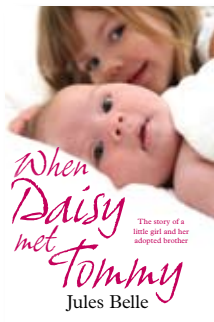
£7.95 128pp 2010
ISBN 978 1 905664 91 7



Frozen

Written from the perspective of the adoptive father, this honest and at times humorous account explores the lengths to which one couple are pushed to create their dream of the perfect family. It provides a shocking exposure of how IVF treatment can go horribly wrong and reveals how a flyer from a local adoption agency helps to change the couple's life for good.

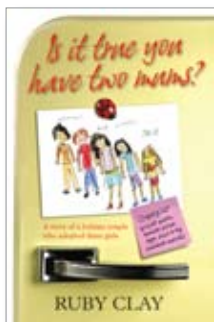
£7.95 158pp 2010
ISBN 978 1 905664 92 4



When Daisy Met Tommy

This is the real life story of how six-year-old Daisy and her parents adopted Tom. Although written by her mother, it is really Daisy's adoption story. Throughout this humorous and poignant account, Daisy's thoughts and feelings about the family's decision to adopt Tom, and her perspective on the adoption process, are vividly brought to life.

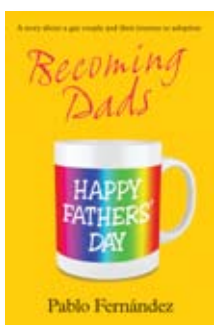
£8.95 136pp 2010
ISBN 978 1 907585 06 7



Is It True You Have Two Mums?

This is the heart-warming true story of Ruby and Gail and their belief in their potential to adopt. Some social workers they encounter think that, as a lesbian couple, they are unfit to be parents; others recognise that their Asian dual-heritage family has much to offer. This honest account charts their journey to becoming parents to three adopted daughters and offers a glimpse of their family life over 18 extraordinary years.

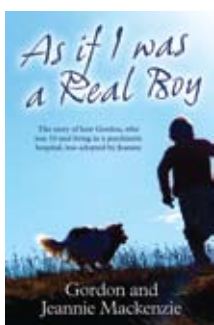
£8.95 138pp 2011
ISBN 978 1 907585 15 9



Becoming Dads

This is the story of Pablo and Mike and their journey to becoming adopters. Set against a contemporary backdrop of diverse perceptions – both encouraging as well as hostile – as to whether gay men should adopt, Pablo's diarised narrative tracks this journey starting from their own initial doubts about whether or not they would be accepted and approved, through to the positive affirmations they receive. They tackle the process with commitment and determination – the preparation, assessment and waiting – till they become the proud dads of a young boy.

£8.95 144pp 2011
ISBN 978 1 907585 29 6



As if I Was A Real Boy

This is the inspirational story of how Gordon, who was 10 and living in a psychiatric hospital with undiagnosed mental health issues, was adopted by Jeannie. In a moving account, mother and son look back at the way in which adoption changed their two lives for the better. They describe the hurdles along the way and how they overcame them, and reveal how loving, stable family life can be achieved for a child, no matter what their circumstances.

£8.95 112pp 2011
ISBN 978 1 907585 24 1

Inspiring anthologies

Adopters and carers come together to share their stories.

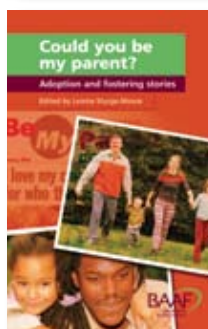


Loving and Living With Traumatized Children

Reflections by adoptive parents

Based on the experiences of nine individuals who adopted traumatised children, this book looks at the "co-operative enquiry" they set up to investigate the effects of trauma on themselves.

£7.50 104pp 2005
ISBN 1 903699 67 3

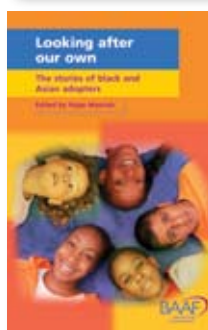


Could You Be My Parent?

Adoption and fostering stories

An inspiring and informative collection of accounts of various aspects of adoption and fostering as published in BAAF's family-finding newspaper *Be My Parent*. Adopters, prospective adopters, children and foster carers share their insights and experiences.

£8.50 183pp 2005
ISBN 1 903699 82 7

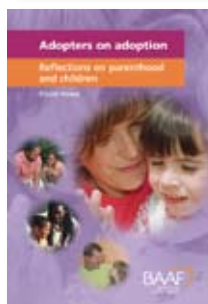


Looking After Our Own

The stories of black and Asian adopters

This inspiring collection looks at the experiences of nine adoptive families and their children. It explores their motivation to adopt, what their social workers had to offer or not, the roles of friends and family, and what adoption has meant to them.

£9.95 132pp 2005
ISBN 1 903699 70 3



Adopters on Adoption

Reflections on parenthood and children

This absorbing collection of personal stories gives an insider's description of the growth of adopted children into adulthood. Experienced adopters (whose children are now young adults) describe the importance and distinctiveness of adoptive parenting.

£11.95 146pp 1996
ISBN 1 873868 32 4

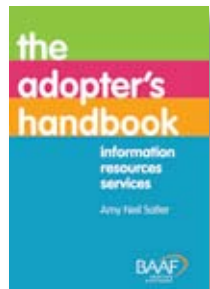
Be My Parent is BAAF's UK-wide family-finding service featuring children of all ages and backgrounds who need adoptive or permanent foster families. It brings children and permanent families together through a monthly colour newspaper and a website.

Visit www.bemyparent.org.uk to find out more.



Taking the next step

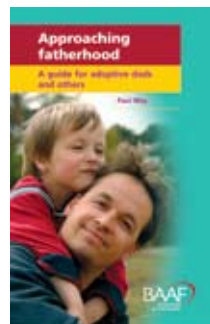
Whether you're looking for help and support, advice on the process, signposts to resources and services, something just for dads or information for your family and friends, we've got the right books whatever the stage of your adoption journey.



The Adopter's Handbook Information, resources and services for adoptive parents

A "must have" guide to help families help themselves throughout the adoption process and afterwards. This revised and updated new edition will help you become well informed about many issues involved with adoption, as well as identify support and resources to help you achieve the best for your child.

£14.95 108pp 2011 (4th edition)
ISBN 1 903699 92 4



Approaching Fatherhood A guide for adoptive dads

This is the first book in the UK to combine adoptive fathers' experiences with a guide to the adoption process – from the man's point of view. This timely book examines who these adoptive dads are, how they tick, and what they make of the families they create.

£9.95 182pp 2005
ISBN 1 903699 65 7



Related by Adoption

This new and comprehensively revised edition of BAAF's popular handbook gives grandparents-to-be and other relatives information about adoption today and how it will affect them. It shows how relatives can support building new families through adoption and the positive roles they can play. Sensitively written the book contains many case examples.

£7.50 70pp 2011
ISBN 978 1 907585 38 8



The Preparation and Assessment Process (Adoption)

This Advice Note is aimed at all those who have decided to start the process of adopting a child and have been formally accepted by an adoption agency. It explores the preparation course and what it involves, the assessment or home study, the amount of time preparation and assessment can take and why this process is so important.

£1.00 24pp 2010

'Related by Adoption is great – a good introduction to adoption, the role of other relatives and the issues that adopted children may face. It has meant that our parents genuinely feel involved in our adoption journey.'

★★★★★

C. Parr, amazon.co.uk

If you are planning to adopt a child from another country, these books are the right ones for you.



Intercountry Adoption: Some Questions Answered

This short guide describes the intercountry adoption process and includes: information on the reasons it is sometimes used; some of the issues and implications for families involved; and basic practical guidance on procedures and rules surrounding intercountry adoption.

£3.50 28pp 2010



Adoption Conversations What, when and how to tell

This in-depth practical guide explores the questions adopted children are likely to ask, with suggestions for helpful explanations and age-appropriate answers. Although the guide focuses primarily on the needs and questions of children adopted from abroad, the practical advice is applicable to any adopted child.

£12.95 242pp 2008
ISBN 978 1 905664 35 1



More Adoption Conversations What, when and how to tell

This in-depth practical guide explores the problems that adopted teenagers (up to 18 years old) are likely to confront and provides suggestions for helpful solutions and achievable communication methods. Brimming with advice and ideas it will help parents discuss the known – or unknown – aspects of their adopted teenager's history and be well equipped to communicate difficult issues.

£12.95 250pp 2010
ISBN 978 1 905664 96 2

If you are lesbian or gay and considering adoption, read this.



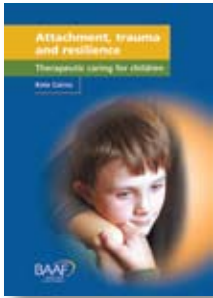
The Pink Guide to Adoption for Lesbians and Gay Men

This essential step-by-step guide, the first of its kind to be published in the UK, explores the adoption process and examines how being a prospective lesbian or gay adopter can and does affect every aspect of this. Illustrated throughout with quotations and true stories it is a must for any lesbian or gay man wishing to adopt.

£12.95 222pp 2009
ISBN 978 1 905664 68 9

Understanding your adopted child

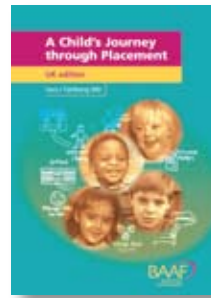
Revealing insights into adopted children's emotions and behaviour



Attachment, Trauma and Resilience Therapeutic caring for children

A "beautifully written", heart-warming and insightful book based on the author's own experience of permanent fostering. She shows that families can develop strategies and techniques to successfully handle life with traumatised children.

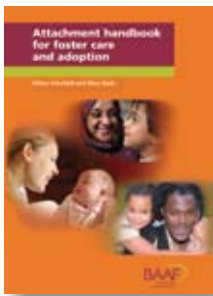
£12.95 182pp 2006
ISBN 978 1 903699 10 2



A Child's Journey Through Placement

Separation, loss, grief and change are experiences common to children requiring permanent placements. This essential reference book contains the theoretical knowledge base and skills necessary for understanding, working with, and planning for these children and their families.

£23.50 392pp 1994
ISBN 1 873868 13 8



Attachment Handbook for Foster Care and Adoption

This comprehensive and authoritative book provides an accessible account of core attachment concepts, enabling readers to understand the kind of caregiving in foster and adoptive families that can help children to feel more trusting, confident, competent and secure.

£24.95 450pp 2006
ISBN 1 903699 96 7



Finding a Way Through DVD Therapeutic caring for children

This passionate, inspirational and powerful film offers those carers and parents who are striving to understand and heal children who have been damaged, ways of reaching out to them.

£30.00 + £6.00 VAT
60 mins 2003

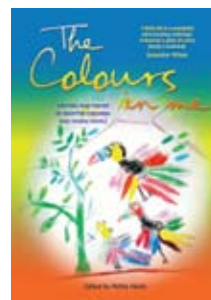


The Primal Wound Understanding the adopted child

Since its original publication in 1993, *The Primal Wound* has revolutionised how we think about adoption. Over the years, thousands have read this classic and found in it profound insights and revelations on what being adopted means to adopted people. The book explores the "primal wound" – the wound that results when a child is separated from his or her mother – and the trauma that it causes. It examines the life-long consequences this can have for adopted people and provides information on pre- and perinatal psychology, attachment, bonding and the effects of loss.

£11.95 188pp 2009
ISBN 978 1 905664 76 4

What do children think about adoption? How do adopted adults feel their lives have been affected by it? Read their stories.



The Colours in Me Writing and poetry by adopted children and young people

A unique collection of poetry, prose and artwork by adopted children and young people. Over 80 contributors – ranging from four to 20 years of age – tell it like it is, revealing what it feels like and what it means to be adopted. With extraordinary clarity and candour they describe the huge changes that adoption brings and the impact of these changes on their identity, their relationships and their understanding of the meaning of "family". This is a must-read for anyone seeking to understand what it is like to be adopted.

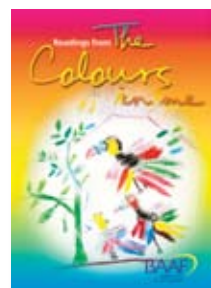
£12.95 204pp 2008
ISBN 978 1 905664 59 7



Coming Home to Self Healing the primal wound

Following on from the themes developed in *The Primal Wound* this book examines ways of healing. It considers the effects of separation trauma on brain development and offers an insight into the barriers that prevent many adopted people from achieving an authentic, mature and satisfying adulthood. It explores some of the most troubling emotions, how to regulate them and achieve meaningful relationships and personal power.

£15.95 560pp 2010
ISBN 978 1 905664 81 8



Readings from The Colours in Me DVD

Filmed on location at The Drill Hall in London, this inspirational and thought-provoking DVD features readings by 30 children and young people who contributed to BAAF's popular anthology *The Colours in Me*. Reflecting on their personal experiences of adoption through poetry, prose and artwork, these young people take centre stage to provide a unique insight into what it feels like and what it means to be adopted.

£26.00 + £5.20 VAT
70 mins, 12pp booklet 2009

'Touching, thought-provoking, enlightening and encouraging.'

Review of *The Colours in Me*,
Social Care online

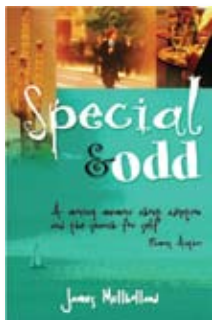
Every parent needs some help and advice along the way



Me and My Family

A unique, colourful, interactive and fun 'welcome to our family' book through which adopters can initially introduce themselves to the child who will be joining them and for the child to work through and record the inevitable changes in their lives as they move to their new family. This beautiful and easy to use resource includes space for drawings, writing and photographs. A book to treasure!

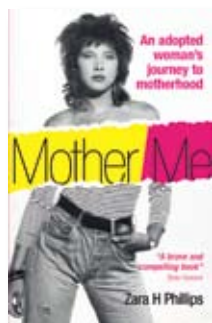
£15.00 + £3.00 VAT 88pp 2011
ISBN 978 1 907585 37 1



Special & Odd

In this revealing and extraordinarily witty memoir James Mulholland tells the story of how he met his birth mother 29 years after being given up for adoption. The author explores the extent to which his personality has been formed by his adoption and how his adoptive status influences his behaviour and decisions.

£5.00 226pp 2007
ISBN 978 1 905664 17 7



Mother Me

In this intensely personal and compelling memoir, Zara H Phillips examines her relationships with her adoptive and birth mothers, and invites the reader to join her in her own journey to become a mother. It is a frank and honest account which explores the far-reaching impact of adoption on childhood, adolescence, relationships and self-esteem.

£8.95 192pp 2008
ISBN 978 1 905664 36 8



'Just a Member of the Family' DVD

Families and children who adopt

This is the first film about adoption from a child's point of view, and features a number of birth children talking about how they were prepared and prepared themselves for an adopted child joining the family.

£40.00 + £8.00 VAT
50 mins 2005

'A powerful, heartfelt account that is ultimately enlightening and uplifting.'

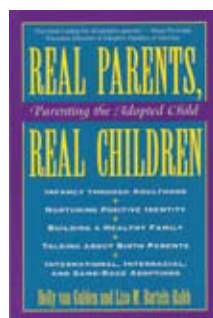
Review of *Mother Me*, Nimmy March, actress, adoptee and mother



Talking About Adoption to Your Adopted Child

This popular and comprehensive guide outlines the whys, whens and hows of telling the truth about an adopted child's origins. It is packed with practical ideas suitable for children of all ages, and the wealth of information and advice is brought to life with case studies detailing the experiences of adoptive parents and adopted children.

£8.50 210pp 2007
ISBN 978 1 905664 26 9



Real Parents, Real Children Parenting the adopted child

This useful guide takes parents and professionals through the stages of child development, explaining what adopted children at each age commonly think and feel about adoption and how parents can respond.

£14.99 280pp 1993
ISBN 0 8245 1514 5



First Steps in Parenting the Child who Hurts Tiddlers and Toddlers

Primarily aimed at adoptive parents, but also of use to foster carers, this book offers practical, sensitive guidance through the areas of separation, loss and trauma in early childhood.

£14.99 128pp 1999
ISBN 1 85302 801 0



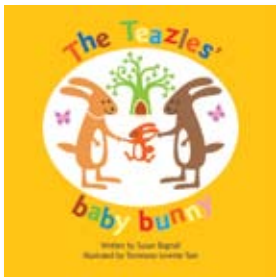
Next Steps in Parenting the Child who Hurts Tykes and Teens

Following on from the *First Steps* book, this volume continues the challenging journey through childhood and into adolescence, explaining the effects of early emotional trauma.

£15.95 224pp 1999
ISBN 1 85302 802 9

To see our full range of books and DVDs visit www.baaf.org.uk

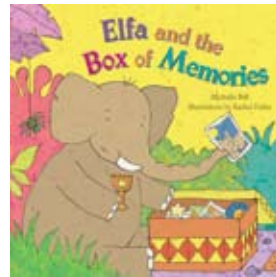
Stories to share with your adopted child



The Teazles' Baby Bunny

This colourful picture book for young children aged two to four years old tells the story of the Teazle rabbits and their adoption of a baby bunny. The simple tale and clear pictures provide a gentle introduction to broaching the subject of adoption and will help any adopted child to recognise how special they are and how much they are wanted.

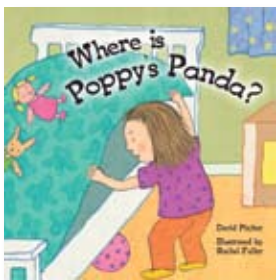
£5.95 18pp 2008
ISBN 978 1 905664 49 8



Elfa and the Box of Memories

In this colourful picture book, Elfa the elephant carries her precious memories around with her in a brightly coloured box. When she discovers that some of them are missing she sets out on a journey to revisit some of the key people, places and events in her past and recapture her lost memories. Elfa's story reminds us that all memories, good or bad, help us to remember the story of our lives.

£9.95 24pp 2008
ISBN 978 1 905664 42 9



Where is Poppy's Panda?

Poppy's panda has always been with her – but now he is lost! As Poppy searches high and low for her favourite toy she remembers all the times her panda has been with her. Will she ever find him again? This beautifully illustrated book for young children (aged three and above) explores transition, loss, change and the importance of maintaining continuity in a child's life.

£9.95 24pp 2008
ISBN 978 1 905664 72 6



The Most Precious Present in the World

Taking the form of a dialogue between a little girl and her adoptive mother, this picture book explores questions that might preoccupy an adopted child. The simply written, yet engaging story touches upon the profound themes of loss, separation and belonging, and gives children the reassuring messages that not only are they very special to their adoptive parents but that it is alright for them to have mixed feelings about their adoption.

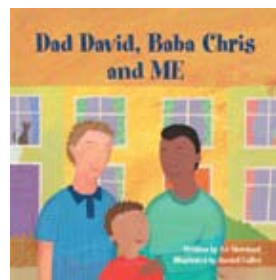
£8.95 24pp 2009
ISBN 978 1 905664 73 3



Josh and Jaz Have Three Mums

Josh and Jaz are five-year-old twins who have been adopted by a lesbian couple. When their school teacher asks them to produce a family tree they are worried that everyone in their class will laugh because they have two mums – and what will they say about their birth parents? This brightly illustrated book for young children helps to explain the diversity and "difference" of family groups, and encourages an understanding and appreciation of same-sex parents.

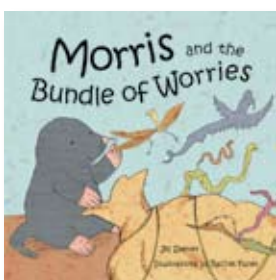
£8.95 24pp 2007
ISBN 978 1 905664 12 2



Dad David, Baba Chris and ME

Ben was adopted by his gay parents when he was four years old, and they live happily together in an ordinary house on an ordinary street. When some children at school begin to tease Ben because he lives with two dads he begins to worry that his life is not so ordinary any more. The book helps to explain the diversity and "difference" of family groups, and encourages an understanding and appreciation of same-sex parents.

£8.95 20pp 2010
ISBN 978 1 905664 89 4



Morris and the Bundle of Worries

Morris the mole has a great big bundle of worries. They fill up his bedroom which means he can't sleep and Morris doesn't know what to do. One day he finds a friend who can help him and he realises that problems are easier to deal with when you've got someone to talk to. This book explores the importance of sharing worries and thereby learning to cope with and manage them.

£9.95 22pp 2007
ISBN 978 1 905664 31 3



Picnic in the Park

Using the device of a birthday picnic in the park, this vividly illustrated book introduces children to a range of family structures including: two- and one-parent families; adoptive and foster families; gay and lesbian families; and step-families, and also shows a diverse range of adults and children.

£8.95 22pp 2007
ISBN 978 1 905664 08 5

Order form

Place your order by telephone or by using this form

Please supply the following

Title	Price	Quantity	Amount
Adopter's handbook, The	£14.95		
Adopters on adoption	£11.95		
Adopting a child	£8.95		
Adoption conversations	£12.95		
Adoption diary, An	£8.95		
Adoption: some questions answered	£1.00		
Adoption undone	£7.95		
Approaching fatherhood	£9.95		
As if I was a real boy	£8.95		
Attachment handbook for foster care and adoption	£24.95		
Attachment, trauma and resilience	£12.95		
Becoming dads	£8.95		
Child's journey through placement, A	£23.50		
Colours in me, The	£12.95		
Coming home to self	£15.95		
Could you be my parent?	£8.50		
Dad David, Baba Chris and ME	£8.95		
Dale's tale	£7.95		
Elfa and the box of memories	£9.95		
Family business, The	£7.95		
Finding a way through DVD	£36.00		
First steps in parenting the child who hurts	£14.99		
Flying solo	£7.95		
Frozen	£7.95		
In black and white	£7.95		
Intercountry adoption: some questions answered	£3.50		
I wish I had been born from you	£7.95		
Is it true you have two mums?	£8.95		
Josh and Jaz have three mums	£8.95		
'Just a member of the family' DVD	£48.00		
Looking after our own	£9.95		

Title	Price	Quantity	Amount
Loving and living with traumatised children	£7.50		
Me and my family	£18.00		
More adoption conversations	£12.95		
Morris and the bundle of worries	£9.95		
Most precious present in the world, The	£8.95		
Mother me	£8.95		
Next steps in parenting the child who hurts	£15.95		
Picnic in the park	£8.95		
Pink guide to adoption for lesbians and gay men, The	£12.95		
Preparation and assessment process (adoption), The	£1.00		
Primal wound, The	£11.95		
Readings from The colours in me DVD	£31.20		
Real parents, real children	£14.99		
Related by adoption	£7.50		
Special & odd	£5.00		
Take two	£7.95		
Talking about adoption to your adopted child	£8.50		
Teazles' baby bunny, The	£5.95		
Together in time	£7.95		
When Daisy met Tommy	£8.95		
Where is Poppy's panda?	£9.95		
Please add postage and packing as detailed below:			
Up to £6.00		add	£1.00
£6.01 to £13.00		add	£2.00
£13.01 to £30.00		add	£4.00
£30.01 to £60.00		add	£7.50
£60.00 to £100.00		add	£10.00
TOTAL		£	

Please note: All prices are correct at time of going to press but are subject to change without notice. Some prices may be different to those printed on individual book covers.

Please charge my Mastercard/Solo/Maestro/Visa/credit/debit card no:

Expiry date / Security code

Valid from date /

or issue number (Maestro only)

OR I enclose a cheque payable to BAAF Registered Charity for
£

OR please send me a pro-forma invoice

Name

Address

Postcode

Return to BAAF Publications
Saffron House, 6-10 Kirby Street, London EC1N 8TS
Tel: 020 7421 2604
Fax: 020 7421 2601
www.baaf.org.uk

